

# RESOURCE GUIDE



Office of  
Mental Health



## Livingston County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

### Crisis Services & Support

#### **URMC Strong Memorial Hospital– CPEP Comprehensive Psychiatric Emergency Program**

601 Elmwood Ave., Rochester, NY 14642  
585-275-2100

Provides 24/7 emergency psychiatric services to people of all ages in urgent need of psychiatric evaluation.

#### **Rochester Psychiatric Center Mobile Crisis Team**

Call direct at 585-241-1812, option 2, or call 211 Hours: Monday-Friday 8am-4pm, no holiday/night/ weekend coverage

#### **East House – Affinity Place**

No fee, short-term, peer run residence for times of crisis  
269 Alexander St., Rochester, NY 14607

585-563-7083; Or email [Affinityplace@easthouse.org](mailto:Affinityplace@easthouse.org)

Hours: 24/7

Ages 21+ with a serious mental illness diagnosis experiencing a psychiatric crisis.

#### **988 Suicide & Crisis Lifeline**

Call 988/Text 988

Chat: [chat.988lifeline.org](https://www.988lifeline.org)

#### **WNY Law Enforcement Helpline**

Support to law enforcement members and their families.  
716-858-2677

Call 24/7 for support and intake forms

[www.wnylawenforcementhelpline.org](http://www.wnylawenforcementhelpline.org)

#### **Veterans Crisis Hotline**

Confidential support for veterans.

Call 988, and choose option “1” for veterans.

Text: 838255 or chat online

[www.veteranscrisisline.net/get-help-now/chat/](http://www.veteranscrisisline.net/get-help-now/chat/)

#### **East House -Affinity Place Warmline**

Warm-line staffed 24/7 by peer mentors to provide support and somebody to talk to.

585-563-7470—Call 24/7 for support

### Mental Health Treatment & Rehabilitation

#### **Noyes Mental Health and Wellness**

Clinics with counseling & psychiatry services

**Dansville Clinic**

9221 Robert Hart Dr, Dansville, NY 14437

585-335-4316

Hours: Monday-Friday 8am-6pm

\*offers walk in crisis appointments.

#### **Avon Clinic**

5712 Tec Drive, Avon, NY 14414

585 658-0900

Hours: Monday-Friday 8am-6pm

\*offers walk in crisis appointments.

#### **Livingston County Mental Health**

County operated outpatient clinic providing services to adults and children.

4600 Millennium Dr, Geneseo, NY 14454

585-243-7250 - Call for apt/hours.

Offers care management and psychiatry in-person and telehealth.

\*Offers walk in crisis appointments.

#### **CASA –Trinity Mental Health Services:**

4612 Millennium Drive, Geneseo, NY 14454

585-991-5013

Hours: Monday-Thursday 8am-7pm, Friday

8am-12pm \*Offers walk in crisis appointments.

## Peer Support Services

### Recover Options Made Easy-ROME

Provides peer services, short term & intensive crisis respite, peer run/staffed residences, & supportive housing.  
716-531-5508 or 1-800-421-1114 dial 0  
Visit <https://recoveryoptionsny.org/contact/>  
Or email [info@recoveryoptionsny.org](mailto:info@recoveryoptionsny.org) for more information

Please call to learn more and to be directed to the appropriate program based on your individual needs.

### Mental Health Association of Rochester

Provides peer based programs and services to individuals and families.  
320 N. Goodman Street, Ste 202, Rochester, NY 14607  
585-333-6013  
Hours: Monday-Friday 9am-5pm; Saturday 9am-12pm; Drop-in hours Mon-Fri 4pm-9pm; Crisis counseling 1-4pm

## Addiction or Substance Use Treatment and Support

### Casa-Trinity—Outpatient Clinic

Provides individual, family, and group counseling.  
45 Maple St, Dansville, NY 14437  
585-335-5061  
Hours: Monday/Wednesday 7am-7pm; Tuesday/ Thursday 7am-5:30pm; Friday 7am-12pm

### Alcoholics Anonymous—Livingston Intergroup

585-281-0108  
Visit [www.livingstonareaintergroup.org](http://www.livingstonareaintergroup.org)  
Call 24/7 for information on groups held in your area.

### Narcotics Anonymous (NA): Fingerlakes Region

315-847-3842

### OASAS 24-Hour Helpline

24/7 helpline for substance use and gambling concerns.  
1-877-846-7369 or text 467369

### Never Use Alone

Nationwide service where operators with lived experience remain with the caller while using and oversee that the person uses safely.  
877-696-1996 Call 24/7/365

### Naloxone NOW:

Text "NARCAN" to 21000 to arrange for delivery.

## Other Services

### Livingston County Department of Social Services

Assists with SNAP, Medicaid, Temporary Assistance, HEAP, Adult Services, and other services.  
1 Murray Hill Drive, Mt. Morris, NY, 14510  
585-243-7300—Fax: 585-243-7344  
Hours: Monday-Friday 8am-4pm

### Livingston County Single Point of Access (SPOA)

Assists with linking to services in the community such as treatment, housing, educational/vocational, etc.  
4600 Millennium, Drive, Geneseo, NY 14454  
585-243-7811

### Health Homes of Upstate New York (HHUNY)

Care management services for Medicaid recipients.  
1-855-613-7659  
Visit [www.hhuny.org/about/where-we-are/](http://www.hhuny.org/about/where-we-are/)  
Or email [referrals@hhuny.org](mailto:referrals@hhuny.org) or [askhhuny@hhuny.org](mailto:askhhuny@hhuny.org)

### NYS Domestic and Sexual Violence Hotline

Hotline 1-800-942-6906  
Text 1-844-997-2121  
Chat: [opdv.ny.gov](https://opdv.ny.gov)

### USDA National Hunger Hotline

Food assistance for families.  
1-866-348-6479/English Or 1-877-842-6273/Spanish  
Hours: Monday-Friday 7am-10pm

### Medicaid Transportation MAS

Provide transportation to Medicaid recipients for medical appointments/non emergency medical transportation.  
1-866-753-4543 press 9  
Hours: Monday-Sunday 7am-7pm

To find more mental health programs and services visit our website at [www.omh.ny.gov](http://www.omh.ny.gov)



BeWell.ny.gov

